

## YOUR SHULE NEEDS YOU!

We invite you to be involved in K.N. Care, a hands-on programme that brings together those in need and those willing to help.

The purpose of this community support programme is to equip members of our shule with the skills and ability to provide support and assistance for people in our community who are suffering poverty, mental illness, psychological disorder and/or experiencing social isolation. Some of these problems may be related to the current economic crisis.

In order to help facilitate the running of the programme, our shule is working in conjunction with Wings of Care, a non-profit organization dedicated to helping Jewish people with a mental illness and their families. Congregants will be trained by Wings of Care's professional facilitators.

We propose afresh way to tackle these issues, but we cannot make a positive change without your help.

We seek caring volunteers who are good listeners, willing to visit people in hospital or at home. Those in need may be simply coming home with a new baby, or alternatively, illustrating the diverse nature of the project, they be suffering from social isolation.

A mental health professional has offered her time to debrief and provide support for volunteers who may wish to discuss a particular case confidentially. Rabbi Bandel has agreed to co-ordinate this KN Care project.

We are seeking an accountant and a solicitor to provide pro-bono services when required.

For further information about the programme, to volunteer or be visited, or have your needs attended to, please contact Evelyn at the shule office at 9576 2255

Tikkun Olam Committee